

Close contacts

6. When am I considered to be a close contact?

You are considered a close contact if you are:

- A household member or intimate partner of a person with COVID-19 who has had contact with them during their infectious period; or
- Someone who has had close contact with a person in their infectious period, including:
 - At least 15 minutes face to face contact where a mask was not worn by the exposed person and the person with COVID-19;
 - Greater than two hours within a small indoor space or classroom environment, where masks have been removed for this period by the exposed person and the person with COVID-19 (note: others wearing masks in this scenario would not be a contact);
 - someone who is directed by WA Health that they are a close contact

7. If someone in my household is a close contact, do I need to isolate?

No. Only close contacts of a positive case need to self-quarantine. People should take extra precautions and have no interaction with close contacts. If the close contact you live with becomes positive, then you must get tested and isolate as per instructions from WA Health.



COVID-19: New testing and isolation protocols in a high caseload environment

I am a close contact and have no symptoms

With COVID-19 in the community, it is important for you to know what to do to keep yourself and others safe. This protocol will help you know what to do if you are a close contact but have no symptoms.

Isolate for
7 days from
date of
contact.



Monitor for
symptoms.



Symptoms

Refer to 'I am not a close contact and I have symptoms' protocol.



No symptoms
Take a RAT
on day 7.



Test positive

Refer to the 'I have tested positive to COVID-19' protocol.



Test negative

You can leave your home after day 7 of isolation, providing there are no new cases in your household.



Symptoms include:



Fever



Runny nose



Fatigue



Sore/scratchy throat

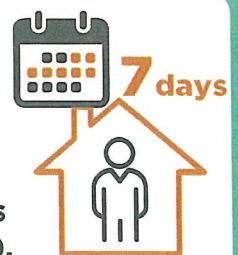


Dry cough



Shortness of breath

If someone in your household tests positive, isolate for 7 days (start this process again).

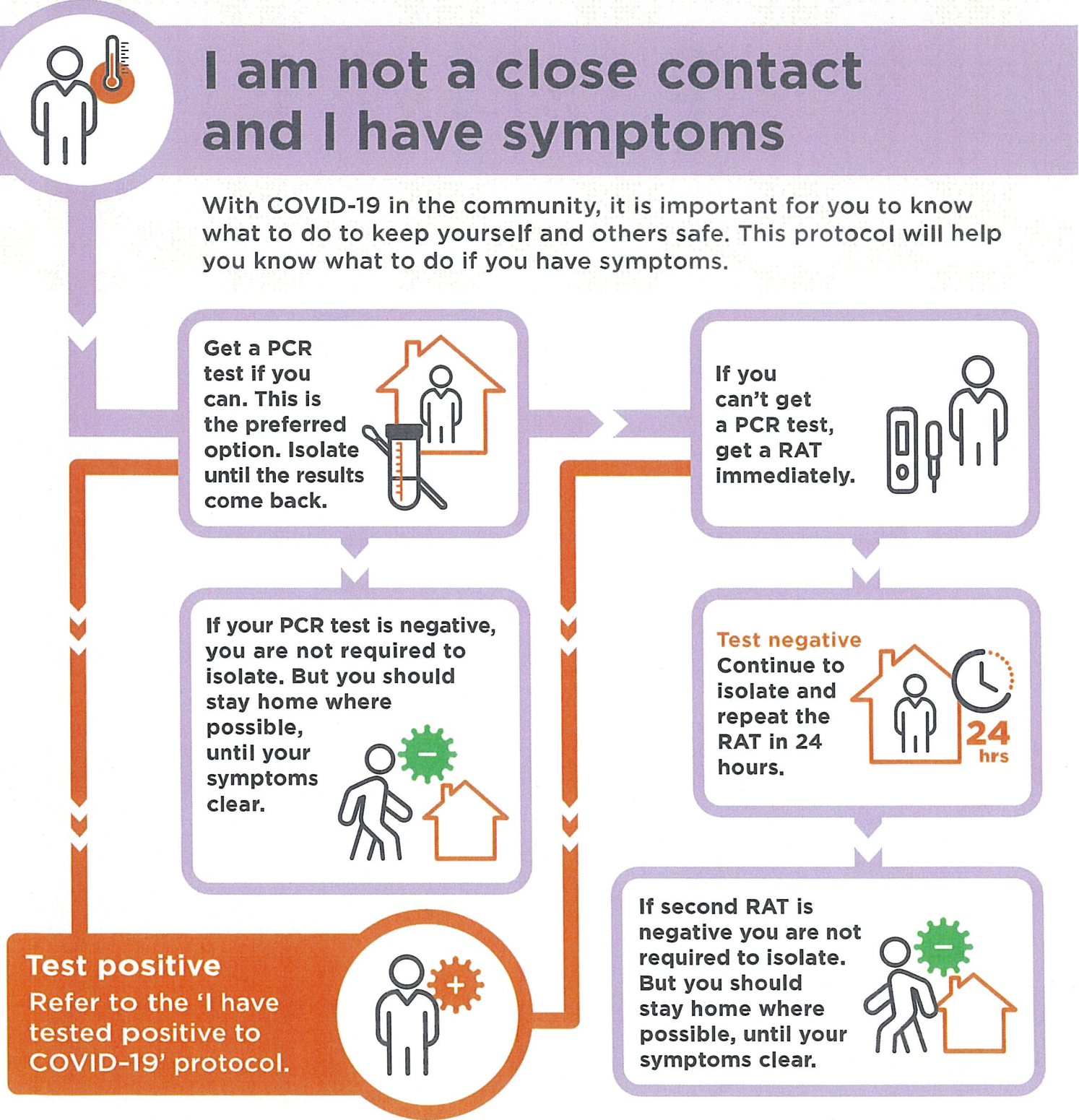




COVID-19: New testing and isolation protocols in a high caseload environment

I am not a close contact and I have symptoms

With COVID-19 in the community, it is important for you to know what to do to keep yourself and others safe. This protocol will help you know what to do if you have symptoms.



Test positive
Refer to the 'I have tested positive to COVID-19' protocol.



Symptoms include:



Fever



Sore/scratchy throat



Runny nose



Fatigue



Shortness of breath



Dry cough

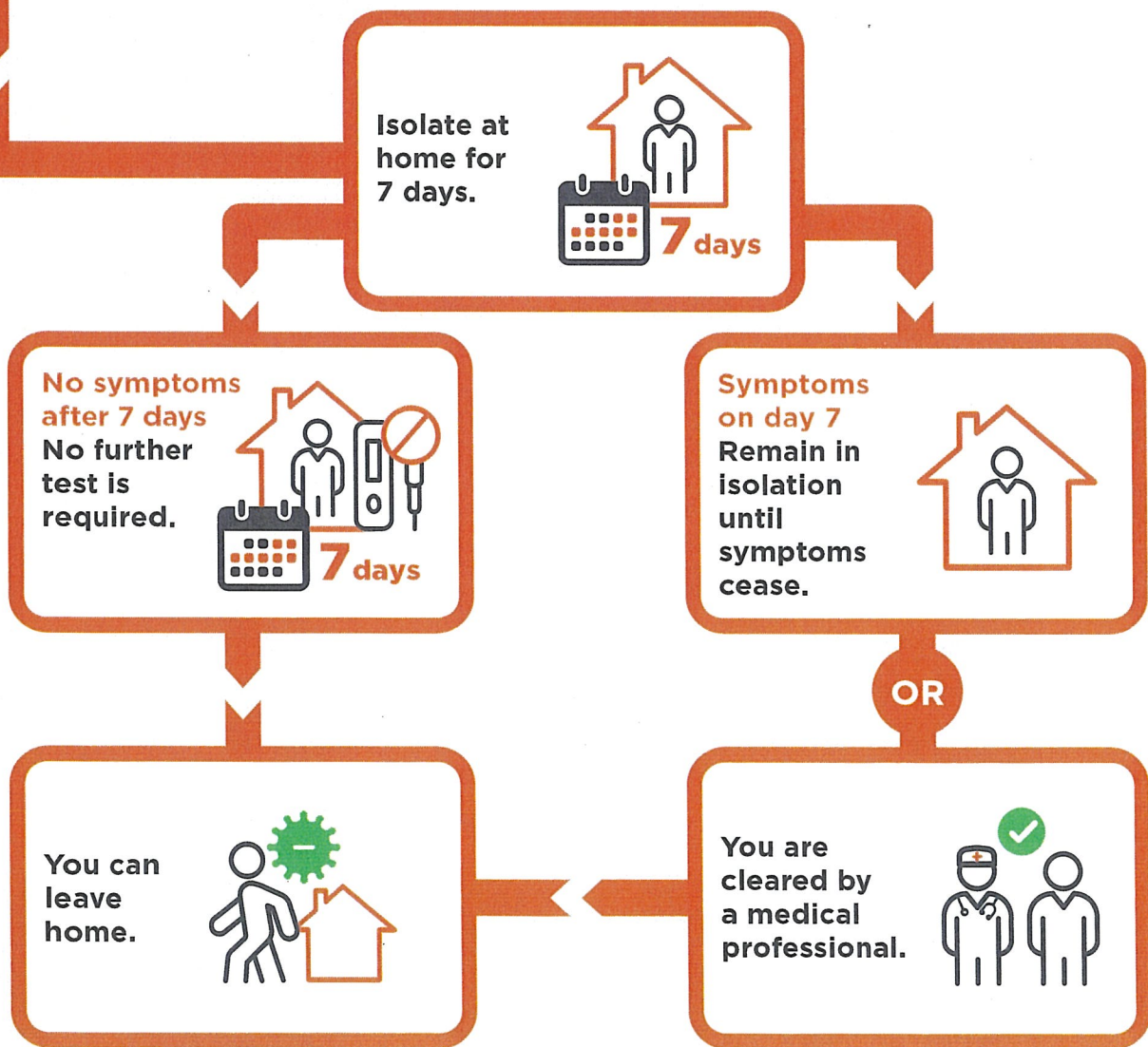


COVID-19: New testing and isolation protocols in a high caseload environment



I have tested positive for COVID-19

With COVID-19 in the community, it is important for you to know what to do to keep yourself and others safe. This protocol will help you know when and how long you need to isolate for if you are COVID-19 positive.



Symptoms include:



Fever



Sore/scratchy throat



Runny nose



Fatigue



Shortness of breath



Dry cough



COVID-19: New testing and isolation protocols in a high caseload environment

I am a close contact who develops symptoms

With COVID-19 in the community, it is important for you to know what to do to keep yourself and others safe. This protocol will help you if you have symptoms and are a symptomatic close contact of someone who has tested positive for COVID-19.

Isolate for 7 days from date of contact.



Take a PCR or RAT as soon as symptoms develop.



Test positive

Refer to the 'I have tested positive to COVID-19' protocol.



Test negative

PCR: you may leave home after day 7
RAT: Continue to isolate and take a RAT again in 24 hours.



Test negative

Refer to the 'I am a close contact and have no symptoms' protocol.



Test negative

You can leave your home after day 7 of isolation, providing there are no new cases in your household.



Symptoms include:



Fever



Sore/scratchy throat



Runny nose



Fatigue



Shortness of breath



Dry cough



COVID-19: New testing and isolation protocols in a very high caseload environment

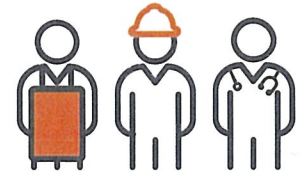


I am a close contact and a critical worker

With COVID-19 in the community, it is important for you to know what to do to keep yourself and others safe. This protocol is for critical workers who are close contacts of someone who tests positive for COVID-19.

Contact your employer

You may be exempt from isolation requirements in order to attend work but only if it is necessary for continuity of critical operations, and other options have been exhausted.



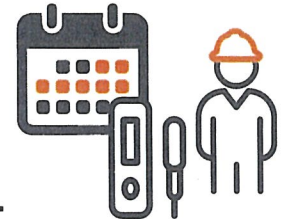
Symptoms

Refer to 'I am a close contact who develops symptoms' protocol.



No symptoms

To go to work, you must take a RAT every day for 7 days.



Test positive

Refer to the 'I have tested positive to COVID-19' protocol.



If you test negative and you are going to work:

- you must isolate outside of work for 7 days
- wear a surgical mask outside home
- follow workplace safety requirements
- if possible, travel alone to work
- if not possible, wear a mask while car-pooling or using public transport



Symptoms include:



Fever



Runny nose



Fatigue



Sore/scratchy throat



Dry cough



Shortness of breath